

Introduction to Authentic Communication

A life-changing workshop with personal & professional coach, Andrea Ferrante

Are you:

Wondering why you are not getting what you want from life?

Frustrated and wanting more fulfillment?

Yearning to find your true voice?

Wanting to know yourself more fully, and to have more connection to joy and happiness?

If so this workshop is for you. Come learn how to communicate in a way that serves you and your relationships. Experience true connection rather than creating the disconnection and pain so common in relationships and life. During this workshop you will learn the art of presence and discover what causes struggle and repetition of the same painful patterns over and over. Based on the work of Marshall Rosenberg, Nonviolent Communication (NVC) we will explore practices and principles that create wellbeing and nurture the compassion of the human heart. This workshop is for beginners as well as those with experience wanting to learn more.

Andrea Ferrante is a life coach and organizational consultant who has spent the past thirty years helping people transform their lives and their businesses to create greater success, fulfillment, health and well-being.

To Register call Andrea at 207-939-1124
or email Andrea@AndreaFerrante.com

Saturday, Jan. 17 &

Sunday, Jan. 18

Time: 10 am - 4 pm

Investment: \$185

Location:

Meadow Wind

Institute

100 Gray Road

Falmouth, ME 04105

ANDREA FERRANTE

COACHING

*Worth, Willingness
& Wealth*

